Mary Merritt's Apple Crisp

INGREDIENTS

For the filling: 8 tart apples, peeled, cored, & sliced 1 tsp lemon rind 1 tsp lemon juice ½ cup + 1 tb sugar ¼ tsp ground cinnamon ¼ tsp ground nutmeg Butter to coat a casserole dish 1 tb wheatgerm 2 tb flour

For the topping: 2/3 cup quick oats ½ cup brown sugar 5 tb cold salted butter ¼ tsp cinnamon ¼ tsp nutmeg ½ cup chopped walnuts ½ cup chopped dates or raisins (optional)

METHOD

- 1. Preheat oven to 350 degrees F.
- 2. Grease a 7 x 11 or 8 x 8 inch casserole dish with butter.
- 3. Mix the wheatgerm, flour, and 1 tb of sugar. Coat the greased casserole dish evenly with the mixture.
- 4. Peel, core, & slice the apples. We used a mix of Granny Smith and Cortland apples.
- 5. Add the lemon juice, rind, 1 tb flour, ½ cup sugar, cinnamon, and nutmeg. Mix well.
- 6. Pour apple mixture evenly into the coated casserole dish. Set aside.
- 7. For the topping, mix the oats, brown sugar, cinnamon, nutmeg, walnuts, and dates (if you are using them) in a large bowl.
- 8. Cut the cold butter into pats. Rub the dry topping ingredients into the cold butter until you have a crumbled mixture. Try avoiding too many large clumps. You can also do this with a pastry blender. If the butter is no longer cold put the entire mixture into the refrigerator for 10 minutes to chill.
- 9. Pour the crumb mixture evenly over the top of the apple mixture.
- 10. Bake in the center of the oven for 45 minutes or until the top is golden brown.
- 11. Remove from oven and let sit for 10-15 minutes. Serve warm with a scoop of ice cream.